

## **Mental Health in Context: Research, Policy and Practice**

10 July 2025, 09:00 – 18:00

British Academy, 10-11 Carlton House Terrace, London, SW1Y 5AH

### **Programme**

#### **09:00 Registration and coffee**

#### **09:20 Welcome and Introduction**

- **Michael Davis**, Chief Executive, National Centre for Social Research
- Dr **Joanne McLean**, Director of the Centre for Evaluation, National Centre for Social Research
- **Lucy Schonegevel**, Director of Policy and Practice, Rethink Mental Illness

#### **09:35 Keynote: Mental Health in England**

- **Mari Toomse-Smith**, Director of Health and Biomedical Surveys, National Centre for Social Research

Highlights from the Fifth Adult Psychiatric Morbidity Survey

#### **10:00 Keynote Address: What we can do for/with you?**

- **Graham Morgan**, Engagement and Participation Officer

What can we do for/with you? A lived experience perspective of some of the things that matter to us. Can we make love, belonging, connection, loneliness, isolation, respect and dignity part of the research agenda?

#### **10:20 What does equity mean in mental health?**

- **Andy Bell**, Chief Executive, Centre for Mental Health  
Addressing Inequalities in Mental Health: Evidence, Causes and Action
- **Professor Stephani Hatch**, Professor of Sociology and Epidemiology and Vice Dean for Culture, Equality, Diversity & Inclusion Institute of Psychiatry, Psychology & Neuroscience (IoPPN), King's College London

Accelerating equity in mental health through inclusive research practices

#### **10:50 Refreshments break and networking**

#### **11:05 Responding to violence, abuse, and mental health**

- Professor **Sally McManus**, Director of Violence and Society Centre, City St George's, University of London

What the Adult Psychiatric Morbidity Survey can tell us about violence, abuse and mental health in England

- Dr **Olumide Adisa**, Mayor's Office for Policing and Crime (MOPAC)

'A breath of fresh air': Translating academic work into policy using a whole-systems approach

### **11:35 Self-harm and suicide**

- Professor **Rory O'Connor**, University of Glasgow

Understanding and Preventing Suicide' Understanding the Psychology of Suicide Risk

- Dr **Sokratis Dinos**, Director of Health, National Centre for Social Research

The Association Between Suicidal Ideation and Behavioral Addictions: A Review of Recent Data on Prevalence, Risk Factors, and Demographic Disparities.

### **12:10 Audience discussion**

### **12:40 Lunch and networking**

### **13:30 Keynote: A right to good physical health: A significant human rights and social justice issue in mental health treatment and recovery**

- **Chris White**, Citizenship and Participation Officer, Mental Health Foundation

A right to good physical health: A significant human rights and social justice issue in mental health treatment and recovery

### **13:55 Eating Disorders**

- **Dhriti Mandalia**, Senior Researcher, National Centre for Social Research

Prevalence and trends in eating problems and disorders: findings from the Mental Health of Children and Young People Survey 2023

- Professor **Tamsin Ford**, Professor of Child and Adolescent Psychiatry, University of Cambridge

Prevalence of Eating Difficulties and Disorder among CYP - or More about the prevalence of eating difficulties and disorder among young people

## 14:25 Exploring Mental Health Across the Life Course

### Children and Young Adults

- **Franziska Marcheselli**, Research Director, National Centre for Social Research  
Findings from the Mental Health of Children and Young People Surveys: 2017 to 2023
- **Kadra Abdinasir**, Associate Director of Policy, Centre for Mental Health  
Future Minds: Why investing in young people's mental health is urgent, smart and unavoidable

## 14:55 Refreshments break and networking

### 15:10 Mid-life Adults

- Dr **Joanne McLean**, Director of the Centre for Evaluation, National Centre for Social Research  
Overlooked and At Risk: Understanding the Mental Health Needs of Mid-Life Women
- Professor **Terry Brugha**, Professor of Psychiatry, University of Leicester  
Adult Psychiatric Morbidity Surveys since 1993. Measurement matters.
- Professor **Navneet Kapur**, Professor of Psychiatry & Population Health, University of Manchester  
Responding to suicide and self-harm in midlife

### 15:50 Older Adults

- Professor **Claudia Cooper**, Centre for Psychiatry and Mental Health, Queen Mary, University of London  
Informing policy to support the mental health of people with dementia towards the end of life
- Dr **Anastasia Fadeeva**, Research Fellow – Health Sciences, City, University of London  
Mental Health in Older Adults: Patterns, Risk Factors, and Implications from the Adult Psychiatric Morbidity Survey

## 16:25 Panel Discussion: Challenges, priorities, and ways forward

- **Graham Morgan**, Engagement and Participation Officer
- Professor **Rory O'Connor**, University of Glasgow
- **Professor Stephani Hatch**, King's College London

## 17:00 Summing up and close

- **Lucy Schonegevel**, Director of Policy and Practice, Rethink Mental Illness

**17:05** Networking Drinks Reception

**18:00** Close of networking drinks reception